



Running with Dogs

As a basic point of principle, we are a club that facilitates safe, accessible running and we should avoid anything that compromises this. Therefore, the aim of this policy is to clarify if, and when, a dog can be brought along to an official LRC arranged run.

Running with dogs will only be considered for the weekend off-road runs such as Musketeers and Hopwas. In all cases the final decision will rest with the Run Leader.

In order to establish whether a dog is allowed on an organised run the following process will be followed.

1. The member, with a suitable dog, identifies an off-road run that they would like to bring their dog to and contacts the Run Leader in advance, ideally 3 or 4 days prior to the run.
2. If the run is appropriate and the Run Leader is happy to accommodate the dog, then the Run Leader will then inform the runners via the corresponding Spind invite that a dog is coming along.
3. If any other member does not want to run with a dog then they should inform the Run Leader of their objection.
4. If there are objections then the Run Leader will inform the member that the dog cannot be brought along.

If a dog is allowed on an organised run then the following rules must be adhered to.

- One dog per runner.
- The dog should be kept on a controlled lease at all times.
- The dog should be comfortable running with people and be able to keep pace with the group.
- Dogs must be covered by Public Liability Insurance (up to £5million) which pays towards costs and compensation awarded against the owner by a court, if the dog causes injury to a person or damage to someone else's property. The club's insurance does not cover this.
- Always clean up after your dog and get rid of mess responsibly.
- The dog's welfare is your responsibility and consideration needs to be given to the weather conditions and availability of water en route for dogs when deciding whether bringing your dog is the right choice.

Note. This policy will be reviewed periodically to ensure its ongoing suitability.