



Cross Country Results (Best three results)

Name	XC1 Shipley Park	XC2 Anslow	XC3 Sinai	XC4 Boothorpe	XC5 Allestree	XC6 Foremark	Total Points
John Doyle		97	98	96		81	291
Ian Buckner	97	100	83	87	91	80	288
Daniel Floyd	92		99		97	92	288
Richard Bravington	94	99	93				286
Stephen Howard		92	95	95	86	85	282
Clare Tanter	75	96	87	82	93	93	282
Carina Allan	100	93	82	88	85	82	281
Matthew Allan	95		94	90	88	84	279
Owen Davies	84	88	89		100	87	277
Steve Rivers	89	91	92	93			276
Abbi Storer			78		98	99	275
Sean Steventon			75	99	90	86	275
Georgina Orford			90	94		90	274
Marian Lowther	96		77	84	94	78	274
Jess Webb	98	90	84				272
Charlotte Wesley	91		80	80	92	89	272
Nick Parkes	83	89	91	91		77	271
Ben Stanaway	80	95	88	86		83	269
Judy Hammersley		83	96	89		75	268
James Taylor	85	86	76		96		267
Joy Atkin		80	81	79	95	88	264
Sonia Short		79		97	87	74	263
Andy Evans	82	84	85	92		79	261

Name	XC1 Shipley Park	XC2 Anslow	XC3 Sinai	XC4 Boothorpe	XC5 Allestree	XC6 Foremark	Total Points
Melissa Farmer	73	85				94	252
Joanna Alsop	79		86	85		76	250
Lorraine Amos	78	87		83			248
Matthew Orford	93					96	189
Marcelle Hollins					83	100	183
Phil Radnor					84	98	182
Carly O'Neill		81				97	178
James Pickering			79		99		178
Alun Thomas	81		97				178
Oi Hin Lai				78		95	173
Phil Pinney			74	98			172
Mandy Georgiou		78				91	169
Melanie Baker-Hunt	77			81			158
Libby Hyde-Durrant	74	82					156
Esther Hunt				100			100
Lucy Niemz			100				100
Wayne Asprey	99						99
Dave Sanders		98					98
Simran Dhillon		94					94
Ed Coppinger	90						90
James Kay					89		89
Gillian Jelley	88						88
David Gould	87						87
Adrian Jelley	86						86
Anna Sanders	76						76
Helen King	72						72
Lisa Barton	71						71

XC1 - Shipley Park Results

	Time	Target Time	Improvement	XC Points
Carina Allan	00:49:36	01:00:24	17.88%	100
Wayne Asprey	00:33:51	00:39:31	14.34%	99
Jess Webb	00:39:39	00:45:25	12.70%	98
Ian Buckner	00:39:22	00:43:21	9.19%	97
Marian Lowther	00:55:00	01:00:09	8.56%	96
Matthew Allan	00:31:11	00:33:17	6.31%	95
Richard Bravington	00:31:49	00:33:17	4.41%	94
Matthew Orford	00:28:21	00:29:37	4.28%	93
Daniel Floyd	00:30:11	00:30:52	2.21%	92
Charlotte Wesley	00:59:09	01:00:06	1.58%	91
Ed Coppinger	00:35:36	00:36:05	1.34%	90
Steve Rivers	00:33:03	00:33:17	0.70%	89
Gillian Jelley	00:47:14	00:46:58	-0.57%	88
David Gould	00:41:07	00:40:17	-2.07%	87
Adrian Jelley	00:35:29	00:34:41	-2.31%	86
James Taylor	00:45:12	00:43:51	-3.08%	85
Owen Davies	00:34:57	00:33:54	-3.10%	84
Nick Parkes	00:39:07	00:37:29	-4.36%	83
Andy Evans	00:30:29	00:28:34	-6.71%	82
Alun Thomas	00:30:41	00:28:34	-7.41%	81
Ben Stanaway	00:32:07	00:28:34	-12.43%	80
Joanna Alsop	00:40:31	00:34:06	-18.82%	79
Lorraine Amos	00:41:29	00:34:06	-21.65%	78
Melanie Baker-Hunt	00:43:25	00:34:06	-27.32%	77
Anna Sanders	00:46:46	00:34:06	-37.15%	76
Clare Tanter	00:48:27	00:34:06	-42.08%	75
Libby Hyde-Durrant	00:50:30	00:34:06	-48.09%	74
Melissa Farmer	00:52:11	00:34:06	-53.03%	73
Helen King	00:52:23	00:34:06	-53.62%	72
Lisa Barton	00:52:52	00:34:06	-55.03%	71

XC2 - Anslow Results

	Time	Target Time	Improvement	XC Points
Ian Buckner	00:44:49	00:45:35	1.68%	100
Richard Bravington	00:36:45	00:36:50	0.23%	99
Dave Sanders	00:40:01	00:39:57	-0.17%	98
John Doyle	00:36:28	00:36:23	-0.23%	97
Clare Tanter	00:56:18	00:56:06	-0.36%	96
Ben Stanaway	00:37:31	00:37:11	-0.90%	95
Simran Dhillon	00:40:54	00:40:28	-1.07%	94
Carina Allan	00:58:13	00:57:26	-1.36%	93
Stephen Howard	00:48:41	00:47:47	-1.88%	92
Steve Rivers	00:39:32	00:38:16	-3.31%	91
Jess Webb	00:47:32	00:45:55	-3.52%	90
Nick Parkes	00:45:05	00:43:24	-3.88%	89
Owen Davies	00:41:02	00:39:15	-4.54%	88
Lorraine Amos	00:50:25	00:48:02	-4.96%	87
James Taylor	00:53:50	00:50:46	-6.04%	86
Melissa Farmer	01:05:09	01:00:25	-7.83%	85
Andy Evans	00:36:02	00:33:05	-8.92%	84
Judy Hammersley	00:45:07	00:40:28	-11.49%	83
Libby Hyde-Durrant	01:09:38	00:58:28	-19.10%	82
Carly O'Neill	00:49:04	00:40:28	-21.25%	81
Joy Atkin	00:50:01	00:40:28	-23.60%	80
Sonia Short	00:57:00	00:40:28	-40.86%	79
Mandy Georgiou	01:05:09	00:40:28	-61.00%	78

XC3 - Sinai Results

	Time	Target Time	Improvement	XC Points
Lucy Niemz	00:36:18	00:35:19	-2.78%	100
Daniel Floyd	00:32:38	00:30:30	-6.99%	99
John Doyle	00:34:02	00:31:45	-7.19%	98
Alun Thomas	00:33:23	00:31:00	-7.69%	97
Judy Hammersley	00:42:32	00:39:22	-8.04%	96
Stephen Howard	00:45:04	00:41:42	-8.07%	95
Matthew Allan	00:34:54	00:31:31	-10.74%	94
Richard Bravington	00:35:33	00:32:04	-10.86%	93
Steve Rivers	00:37:03	00:33:24	-10.93%	92
Nick Parkes	00:42:21	00:37:53	-11.79%	91
Georgina Orford	01:00:41	00:54:15	-11.86%	90
Owen Davies	00:38:55	00:34:15	-13.63%	89
Ben Stanaway	00:36:56	00:32:27	-13.82%	88
Clare Tanter	00:56:05	00:48:58	-14.53%	87
Joanna Alsop	00:47:10	00:40:57	-15.18%	86
Andy Evans	00:33:15	00:28:52	-15.18%	85
Jess Webb	00:46:12	00:40:04	-15.31%	84
Ian Buckner	00:45:23	00:39:07	-16.02%	83
Carina Allan	00:58:12	00:50:07	-16.13%	82
Joy Atkin	00:50:51	00:43:39	-16.49%	81
Charlotte Wesley	01:09:49	00:59:46	-16.82%	80
James Pickering	00:33:53	00:28:39	-18.27%	79
Abbi Storer	01:02:28	00:52:16	-19.52%	78
Marian Lowther	01:06:30	00:55:35	-19.64%	77
James Taylor	00:55:33	00:44:18	-25.40%	76
Sean Steventon	00:50:54	00:28:39	-77.66%	75
Phil Pinney	00:55:40	00:28:39	-94.30%	74

XC4 - Boothorpe Results

	Time	Target Time	Improvement	XC Points
Esther Hunt	00:39:26	00:50:04	21.24%	100
Sean Steventon	00:46:15	00:58:19	20.69%	99
Phil Pinney	00:53:12	01:03:47	16.59%	98
Sonia Short	00:49:38	00:57:00	12.92%	97
John Doyle	00:32:35	00:36:23	10.44%	96
Stephen Howard	00:43:12	00:47:47	9.59%	95
Georgina Orford	01:03:00	01:09:32	9.40%	94
Steve Rivers	00:34:42	00:38:16	9.32%	93
Andy Evans	00:32:02	00:35:18	9.25%	92
Nick Parkes	00:41:22	00:45:05	8.24%	91
Matthew Allan	00:33:13	00:36:06	7.99%	90
Judy Hammersley	00:41:51	00:45:07	7.24%	89
Carina Allan	00:53:32	00:57:26	6.79%	88
Ian Buckner	00:42:12	00:44:49	5.84%	87
Ben Stanaway	00:35:38	00:37:11	4.17%	86
Joanna Alsop	00:45:26	00:46:55	3.16%	85
Marian Lowther	01:01:45	01:03:41	3.04%	84
Lorraine Amos	00:46:45	00:48:02	2.67%	83
Clare Tanter	00:54:37	00:56:06	2.64%	82
Melanie Baker-Hunt	00:49:11	00:50:16	2.16%	81
Charlotte Wesley	01:07:46	01:08:29	1.05%	80
Joy Atkin	00:53:22	00:50:01	-6.70%	79
Oi Hin Lai	00:49:19	00:40:54	-20.58%	78

XC5 - Allestree Results

	Time	Target Time	Improvement	XC Points
Owen Davies	00:47:38	00:45:37	-4.42%	100
James Pickering	00:45:54	00:43:46	-4.87%	99
Abbi Storer	01:26:05	01:20:41	-6.69%	98
Daniel Floyd	00:43:12	00:39:24	-9.64%	97
James Taylor	01:07:21	00:59:00	-14.15%	96
Joy Atkin	01:04:26	00:56:23	-14.28%	95
Marian Lowther	01:20:42	01:09:37	-15.92%	94
Clare Tanter	01:12:05	01:01:34	-17.08%	93
Charlotte Wesley	01:30:16	01:16:23	-18.18%	92
Ian Buckner	00:57:01	00:47:34	-19.87%	91
Sean Steventon	01:03:14	00:52:08	-21.29%	90
James Kay	00:44:10	00:36:07	-22.29%	89
Matthew Allan	00:45:51	00:37:27	-22.43%	88
Sonia Short	01:08:41	00:55:57	-22.76%	87
Stephen Howard	00:59:48	00:48:42	-22.79%	86
Carina Allan	01:14:37	01:00:21	-23.64%	85
Phil Radnor	00:48:31	00:36:07	-34.33%	84
Marcelle Hollins	01:26:34	00:44:27	-94.75%	83

XC6 - Foremark Results

	Time	Target Time	Improvement	XC Points
Marcelle Hollins	01:00:54	01:09:49	12.77%	100
Abbi Storer	00:58:30	01:05:04	10.09%	99
Phil Radnor	00:35:16	00:39:08	9.88%	98
Carly O'Neill	00:41:28	00:44:36	7.03%	97
Matthew Orford	00:28:09	00:29:51	5.70%	96
Oi Hin Lai	00:43:21	00:44:50	3.31%	95
Melissa Farmer	00:54:35	00:54:56	0.64%	94
Clare Tanter	00:49:52	00:49:39	-0.44%	93
Daniel Floyd	00:32:00	00:31:46	-0.73%	92
Mandy Georgiou	00:59:44	00:59:14	-0.84%	91
Georgina Orford	00:58:10	00:57:16	-1.57%	90
Charlotte Wesley	01:02:35	01:01:36	-1.60%	89
Joy Atkin	00:46:15	00:45:28	-1.72%	88
Owen Davies	00:37:50	00:36:47	-2.85%	87
Sean Steventon	00:43:17	00:42:03	-2.93%	86
Stephen Howard	00:40:27	00:39:16	-3.01%	85
Matthew Allan	00:31:12	00:30:12	-3.31%	84
Ben Stanaway	00:33:34	00:32:24	-3.60%	83
Carina Allan	00:50:41	00:48:40	-4.14%	82
John Doyle	00:30:59	00:29:37	-4.61%	81
Ian Buckner	00:40:11	00:38:22	-4.74%	80
Andy Evans	00:30:38	00:29:07	-5.21%	79
Marian Lowther	00:59:09	00:56:08	-5.37%	78
Nick Parkes	00:40:01	00:37:36	-6.43%	77
Joanna Alsop	00:44:10	00:41:18	-6.94%	76
Judy Hammersley	00:40:45	00:38:03	-7.10%	75
Sonia Short	00:49:06	00:45:07	-8.83%	74