

### July 2021 Virtual Worthington 6M

Please note, your target time is your 6M PB over the last two years. If you haven't completed a 6M in the last 2 years your target time is based off the fastest time achieved by any runner of the same sex during that time

#### Ranked by Time

Name		Category	Running Time hr:min:sec	Overall Position	Gender Position	Category Position	Grand Prix Points
Joseph	Goodwin	MV50	00:38:20	1	1	1	100
Daniel	Floyd	MSEN	00:39:04	2	1	2	99
Morgan	Bradley	MSEN	00:39:59	3	2	3	98
Esther	Hunt	FV40	00:41:00	4	1	1	100
James	Pickering	MSEN	00:41:34	5	3	4	97
Dave	Sanders	MV40	00:42:22	6	1	5	96
Tim	Nicholls	MV40	00:44:18	7	2	6	95
Radhika	Mccathie	FV40	00:49:09	8	2	2	99
Ruth	Kennedy-Green	FV40	00:49:24	9	3	3	98
Denise	Softley	FV50	00:53:32	10	1	4	97
Phillipa	Pinches	FV40	00:57:27	11	4	5	96
Helen	King	FV40	00:57:53	12	5	6	95
Hazel	Moore	FV40	01:01:33	13	6	7	94
Cliff	Cartwright	MV60	01:09:10	14	1	7	94

#### Ranked by Age Grading

Name		Running Time hr:min:sec	Age Grading	Age Grading Position	Age Grading Points
Joseph	Goodwin	00:38:20	74.17%	1	100
Esther	Hunt	00:41:00	74.15%	2	99
Daniel	Floyd	00:39:04	65.19%	3	98
Dave	Sanders	00:42:22	64.95%	4	97
Radhika	Mccathie	00:49:09	64.41%	5	96
Morgan	Bradley	00:39:59	63.78%	6	95
Ruth	Kennedy-Green	00:49:24	62.01%	7	94
James	Pickering	00:41:34	61.27%	8	93
Tim	Nicholls	00:44:18	61.14%	9	92
Denise	Softley	00:53:32	60.02%	10	91
Phillipa	Pinches	00:57:27	53.32%	11	90
Helen	King	00:57:53	52.92%	12	89
Hazel	Moore	01:01:33	51.64%	13	88
Cliff	Cartwright	01:09:10	44.84%	14	87

#### Ranked by Improvement

Name		Running Time hr:min:sec	Target Time hr:min:sec	Improvement	TT Points
Esther	Hunt	00:41:00	00:51:50	20.90%	N/A
Denise	Softley	00:53:32	01:06:41	19.72%	N/A
Radhika	Mccathie	00:49:09	01:00:06	18.22%	N/A
Ruth	Kennedy-Green	00:49:24	00:59:58	17.62%	N/A
Morgan	Bradley	00:39:59	00:48:23	17.36%	N/A
James	Pickering	00:41:34	00:47:37	12.71%	N/A
Daniel	Floyd	00:39:04	00:44:38	12.47%	N/A
Joseph	Goodwin	00:38:20	00:43:32	11.94%	N/A
Dave	Sanders	00:42:22	00:47:51	11.46%	N/A
Tim	Nicholls	00:44:18	00:38:20	-15.57%	N/A
Phillipa	Pinches	00:57:27	00:41:00	-40.12%	N/A
Helen	King	00:57:53	00:41:00	-41.18%	N/A
Hazel	Moore	01:01:33	00:41:00	-50.12%	N/A
Cliff	Cartwright	01:09:10	00:38:20	-80.43%	N/A