

July 2021 5M TT

Please note, your target time is your 5M PB over the last two years. If you haven't completed a 5M in the last 2 years your target time is based off the fastest time achieved by any runner of the same sex during that time

Ranked by Time

Name	Category	Running Time hr:min:sec	Overall Position	Gender Position	Category Position	Grand Prix Points
John Doyle	M5EN	00:30:38	1	1	1	N/A
Morgan Bradley	M5EN	00:33:26	2	2	2	N/A
Sarah Hayman	F5EN	00:35:37	3	1	1	N/A
Tim Nicholls	MV40	00:35:49	4	3	1	N/A
Phil Sutcliffe	MV50	00:37:05	5	4	1	N/A
Phillip Brindle	MV40	00:37:22	6	5	2	N/A
Stephen Howard	MV50	00:42:25	7	6	2	N/A
Lorraine Amos	FV40	00:42:29	8	2	1	N/A
Lisa Parry-Wolfe	FV40	00:42:52	9	3	2	N/A
Jane Morris - Hoe	FV40	00:43:16	10	4	3	N/A
Louise Hinsley	F5EN	00:45:17	11	5	2	N/A
Alan Miles	MV50	00:45:40	12	7	3	N/A
Abigail Kanabar	F5EN	00:45:49	13	6	3	N/A
Zsuzsanna Szebeledi	F5EN	00:47:49	14	7	4	N/A
Georgina Martin	F5EN	00:47:52	15	8	5	N/A
Chris Cox	MV70	00:47:53	16	8	1	N/A
Nick Parkes	MV40	00:50:30	17	9	3	N/A
Ann Schwarzenbach	FV50	00:53:24	18	9	1	N/A
Maria Andritsou	FV40	00:53:29	19	10	4	N/A

Ranked by Age Grading

Name	Running Time hr:min:sec	Age Grading	Age Grading Position	Age Grading Points
John Doyle	00:30:38	70.45%	1	N/A
Phil Sutcliffe	00:37:05	70.29%	2	N/A
Sarah Hayman	00:35:37	68.11%	3	N/A
Tim Nicholls	00:35:49	64.46%	4	N/A
Morgan Bradley	00:33:26	64.31%	5	N/A
Jane Morris - Hoe	00:43:16	61.87%	6	N/A
Lorraine Amos	00:42:29	61.70%	7	N/A
Stephen Howard	00:42:25	60.93%	8	N/A
Chris Cox	00:47:53	60.19%	9	N/A
Phillip Brindle	00:37:22	59.96%	10	N/A
Lisa Parry-Wolfe	00:42:52	58.33%	11	N/A
Ann Schwarzenbach	00:53:24	56.19%	12	N/A
Alan Miles	00:45:40	56.12%	13	N/A
Louise Hinsley	00:45:17	53.50%	14	N/A
Abigail Kanabar	00:45:49	53.33%	15	N/A
Zsuzsanna Szebeledi	00:47:49	50.73%	16	N/A
Georgina Martin	00:47:52	50.57%	17	N/A
Maria Andritsou	00:53:29	48.55%	18	N/A
Nick Parkes	00:50:30	46.8%	19	N/A

Ranked by Improvement

Name	Running Time hr:min:sec	Target Time hr:min:sec	Improvement	TT Points
Georgina Martin	00:47:52	00:58:32	18.22%	100
Jane Morris - Hoe	00:43:16	00:52:52	18.16%	99
Tim Nicholls	00:35:49	00:38:02	5.83%	98
Abigail Kanabar	00:45:49	00:47:21	3.24%	97
Morgan Bradley	00:33:26	00:33:19	-0.35%	96
Lisa Parry-Wolfe	00:42:52	00:41:49	-2.51%	95
Louise Hinsley	00:45:17	00:43:21	-4.46%	94
John Doyle	00:30:38	00:29:09	-5.09%	93
Ann Schwarzenbach	00:53:24	00:50:27	-5.85%	92
Lorraine Amos	00:42:29	00:38:03	-11.65%	91
Chris Cox	00:47:53	00:42:29	-12.71%	90
Sarah Hayman	00:35:37	00:31:31	-13.01%	89
Stephen Howard	00:42:25	00:37:08	-14.23%	88
Phil Sutcliffe	00:37:05	00:29:09	-27.22%	87
Phillip Brindle	00:37:22	00:29:09	-28.19%	86
Nick Parkes	00:50:30	00:35:59	-40.34%	85
Zsuzsanna Szebeledi	00:47:49	00:31:31	-51.72%	84
Alan Miles	00:45:40	00:29:09	-56.66%	83
Maria Andritsou	00:53:29	00:31:31	-69.70%	82