



April 2021 "Parkrun" 5K Time Trial

Please note, your target time is your 5k TT PB over the last two years. If you haven't completed a 5k TT in the last 2 years your target time is the fastest time achieved by any runner of the same sex during that time

Ranked by Time

Name	Category	Running Time	Overall Position	Gender Position	Category Position	Grand Prix Points
		hr:min:sec				
Dan Turner	MV40	00:18:45	1	1	1	N/A
Joseph Goodwin	MV50	00:19:23	2	2	1	N/A
Dave Sanders	MV40	00:19:35	3	3	2	N/A
Thomas Hodgson	M5EN	00:19:41	4	4	1	N/A
Hermione Green	F5EN	00:20:31	5	1	1	N/A
Daniel Floyd	M5EN	00:20:58	6	5	2	N/A
Nick Parkes	MV40	00:21:55	7	6	3	N/A
Esther Hunt	FV40	00:22:25	8	2	1	N/A
Owen Davies	MV40	00:23:12	9	7	4	N/A
Ruth Kennedy-Green	FV40	00:25:18	10	3	2	N/A
Lisa Parry-Wolfe	FV40	00:25:31	11	4	3	N/A
Radhika McCarthy	FV40	00:25:47	12	5	4	N/A
Cass Jackson	FV50	00:26:06	13	6	1	N/A
Denise Softley	FV50	00:26:21	14	7	2	N/A
Hazel Moore	FV40	00:26:51	15	8	5	N/A
Jo Turrell	FV50	00:27:19	16	9	3	N/A
Claire Wheat	FV70	00:30:45	17	10	1	N/A
Stella Bull	FV50	00:38:52	18	11	4	N/A

Ranked by Age Grading

Name	Running Time	Age Grading	Age Grading Position	Age Grading Points
	hr:min:sec			
Joseph Goodwin	00:19:23	75.48%	N/A	N/A
Dan Turner	00:18:45	73.35%	N/A	N/A
Claire Wheat	00:30:45	72.40%	N/A	N/A
Dave Sanders	00:19:35	72.40%	N/A	N/A
Hermione Green	00:20:31	72.14%	N/A	N/A
Esther Hunt	00:22:25	69.65%	N/A	N/A
Jo Turrell	00:27:19	68.10%	N/A	N/A
Thomas Hodgson	00:19:41	65.60%	N/A	N/A
Nick Parkes	00:21:55	64.69%	N/A	N/A
Cass Jackson	00:26:06	64.23%	N/A	N/A
Denise Softley	00:26:21	62.85%	N/A	N/A
Ruth Kennedy-Green	00:25:18	62.22%	N/A	N/A
Radhika McCarthy	00:25:47	61.60%	N/A	N/A
Daniel Floyd	00:20:58	61.58%	N/A	N/A
Hazel Moore	00:26:51	60.97%	N/A	N/A
Lisa Parry-Wolfe	00:25:31	59.93%	N/A	N/A
Owen Davies	00:23:12	58.83%	N/A	N/A
Stella Bull	00:38:52	47.22%	N/A	N/A

Ranked by Improvement

Name	Running Time	Target Time	Improvement	TT Points
	hr:min:sec	hr:min:sec		
Hazel Moore	00:26:51	00:27:38	2.83%	100
Lisa Parry-Wolfe	00:25:31	00:26:04	2.11%	99
Cass Jackson	00:26:06	00:26:07	0.06%	98
Jo Turrell	00:27:19	00:26:41	-2.37%	97
Ruth Kennedy-Green	00:25:18	00:24:22	-3.83%	96
Denise Softley	00:26:21	00:25:06	-4.98%	95
Claire Wheat	00:30:45	00:29:10	-5.43%	94
Dave Sanders	00:19:35	00:18:29	-5.95%	93
Hermione Green	00:20:31	00:19:20	-6.12%	92
Radhika McCarthy	00:25:47	00:24:13	-6.47%	91
Stella Bull	00:38:52	00:36:26	-6.68%	90
Dan Turner	00:18:45	00:17:34	-6.74%	89
Nick Parkes	00:21:55	00:20:32	-6.74%	88
Joseph Goodwin	00:19:23	00:17:55	-8.19%	87
Thomas Hodgson	00:19:41	00:17:55	-9.86%	86
Esther Hunt	00:22:25	00:19:45	-13.50%	85
Owen Davies	00:23:12	00:19:51	-16.88%	84
Daniel Floyd	00:20:58	00:16:44	-25.30%	83