

February 2021 5K Time Trial

Please note, your target time is your 5k TT PB over the last two years. If you haven't completed a 5k TT in the last 2 years your target time is the fastest time achieved by any runner of the same sex during that time

Ranked by Time

Name	Category	Running Time	Overall Position	Gender Position	Category Position	Grand Prix Points
		hr:min:sec				
MATTHEW ORFORD	MSEN	00:17:08	1	1	1	N/A
THOMAS HODGSON	MSEN	00:17:55	2	2	2	N/A
JOE GOODWIN	MV50	00:18:30	3	3	1	N/A
DANIEL FLOYD	MSEN	00:18:41	4	4	3	N/A
DAN TURNER	MV40	00:19:01	5	5	1	N/A
MORGAN BRADLEY	MSEN	00:19:17	6	6	4	N/A
ESTHER HUNT	FV40	00:19:45	7	1	1	N/A
JAMES PICKERING	MSEN	00:19:47	8	7	5	N/A
DAVE SANDERS	MV40	00:20:02	9	8	2	N/A
NICK PARKES	MV40	00:20:52	10	9	3	N/A
OWEN DAVIES	MV40	00:21:29	11	10	4	N/A
ANDREW LEWIS	MV50	00:21:48	12	11	2	N/A
HERMIONE GREEN	FSEN	00:21:50	13	2	1	N/A
DARREN LEAVER	MV50	00:21:56	14	12	3	N/A
SARAH HAYMAN	FSEN	00:22:33	15	3	2	N/A
JAMES TAYLOR	MV40	00:22:36	16	13	5	N/A
KEITH LOWTHER	MV50	00:22:55	17	14	4	N/A
KATE DELL	FSEN	00:23:16	18	4	3	N/A
LORRAINE AMOS	FV40	00:23:45	19	5	2	N/A
RUTH KENNEDY-GREEN	FV40	00:24:22	20	6	3	N/A
CHRIS COX	MV70	00:24:28	21	15	1	N/A
RADHIKA MCCATHIE	FV40	00:25:13	22	7	4	N/A
DENISE SOFTLEY	FV50	00:25:58	23	8	1	N/A
LISA PARRY-WOLFE	FV40	00:26:04	24	9	5	N/A
CASS JACKSON	FV50	00:26:07	25	10	2	N/A
JULIA WOODWARD	FV50	00:26:07	25	10	2	N/A
JO TURRELL	FV50	00:26:41	27	12	4	N/A
PHILLIPA PINCHES	FV40	00:26:46	28	13	6	N/A
SALLY HIGGINBOTHAM	FV40	00:27:30	29	14	7	N/A
HAZEL MOORE	FV40	00:27:38	30	15	8	N/A
HAYLEY BULL	FSEN	00:27:40	31	16	4	N/A
GEORGINA MARTIN	FSEN	00:28:33	32	17	5	N/A
RICHARD NEWMAN	MV50	00:29:23	33	16	5	N/A
MARIAN LOWTHER	FV50	00:29:24	34	18	5	N/A
MELISSA FARMER	FV40	00:29:55	35	19	9	N/A
HELEN KING	FV40	00:29:55	35	19	9	N/A
ANN SCHWARZENBACH	FV50	00:30:57	37	21	6	N/A
ANNA SANDERS	FV40	00:32:15	38	22	11	N/A
MANDY GEORGIOU	FV50	00:33:13	39	23	7	N/A
JANE BRADBURY	FV50	00:33:29	40	24	8	N/A
CHARLOTTE WESLEY	FV40	00:35:03	41	25	12	N/A
STELLA BULL	FV50	00:36:26	42	26	9	N/A

Ranked by Age Grading

Name	Running Time	Age Grading	Age Grading Position	Age Grading Points
JOE GOODWIN	00:18:30	79.09%	1	N/A
ESTHER HUNT	00:19:45	79.06%	2	N/A
MATTHEW ORFORD	00:17:08	75.48%	3	N/A
DAN TURNER	00:19:01	72.32%	4	N/A
THOMAS HODGSON	00:17:55	72.06%	5	N/A
CHRIS COX	00:24:28	71.23%	6	N/A
DAVE SANDERS	00:20:02	70.77%	7	N/A
ANDREW LEWIS	00:21:48	70.49%	8	N/A
DARREN LEAVER	00:21:56	70.06%	9	N/A
JO TURRELL	00:26:41	69.72%	10	N/A
KEITH LOWTHER	00:22:55	69.38%	11	N/A
DANIEL FLOYD	00:18:41	69.11%	12	N/A
NICK PARKES	00:20:52	67.94%	13	N/A
HERMIONE GREEN	00:21:50	67.79%	14	N/A
MORGAN BRADLEY	00:19:17	67.42%	15	N/A
LORRAINE AMOS	00:23:45	66.87%	16	N/A
SARAH HAYMAN	00:22:33	65.70%	17	N/A
JAMES PICKERING	00:19:47	65.21%	18	N/A
RUTH KENNEDY-GREEN	00:24:22	64.60%	19	N/A
CASS JACKSON	00:26:07	64.19%	20	N/A
JULIA WOODWARD	00:26:07	64.19%	20	N/A
DENISE SOFTLEY	00:25:58	63.78%	22	N/A
JAMES TAYLOR	00:22:36	63.72%	23	N/A
KATE DELL	00:23:16	63.63%	24	N/A
OWEN DAVIES	00:21:29	63.53%	25	N/A
RADHIKA MCCATHIE	00:25:13	62.98%	26	N/A
MARIAN LOWTHER	00:29:24	61.59%	27	N/A
HAZEL MOORE	00:27:38	59.25%	28	N/A
LISA PARRY-WOLFE	00:26:04	58.67%	29	N/A
ANN SCHWARZENBACH	00:30:57	58.50%	30	N/A
PHILLIPA PINCHES	00:26:46	58.33%	31	N/A
SALLY HIGGINBOTHAM	00:27:30	58.30%	32	N/A
JANE BRADBURY	00:33:29	54.08%	33	N/A
HAYLEY BULL	00:27:40	53.55%	34	N/A
HELEN KING	00:29:55	52.62%	35	N/A
MELISSA FARMER	00:29:55	52.19%	36	N/A
GEORGINA MARTIN	00:28:33	51.85%	37	N/A
MANDY GEORGIOU	00:33:13	51.75%	38	N/A
RICHARD NEWMAN	00:29:23	50.60%	39	N/A
STELLA BULL	00:36:26	50.37%	40	N/A
ANNA SANDERS	00:32:15	48.81%	41	N/A
CHARLOTTE WESLEY	00:35:03	44.55%	42	N/A

Ranked by Improvement

Name	Running Time	Target Time	Improvement	TT Points
JAMES TAYLOR	00:22:36	00:26:58	16.19%	100
LISA PARRY-WOLFE	00:26:04	00:28:25	8.27%	99
THOMAS HODGSON	00:17:55	00:19:26	7.80%	98
ESTHER HUNT	00:19:45	00:21:11	6.77%	97
CASS JACKSON	00:26:07	00:27:34	5.26%	96
RUTH KENNEDY-GREEN	00:24:22	00:25:14	3.43%	95
HAYLEY BULL	00:27:40	00:28:28	2.81%	94
KATE DELL	00:23:16	00:23:51	2.45%	93
HAZEL MOORE	00:27:38	00:28:09	1.84%	92
PHILLIPA PINCHES	00:26:46	00:27:11	1.53%	91
ANDREW LEWIS	00:21:48	00:21:35	-1.00%	90
MATTHEW ORFORD	00:17:08	00:16:55	-1.28%	89
NICK PARKES	00:20:52	00:20:32	-1.62%	88
CHRIS COX	00:24:28	00:23:52	-2.51%	87
MARIAN LOWTHER	00:29:24	00:28:34	-2.92%	86
KEITH LOWTHER	00:22:55	00:22:14	-3.07%	85
CHARLOTTE WESLEY	00:35:03	00:34:00	-3.09%	84
JOE GOODWIN	00:18:30	00:17:55	-3.26%	83
DENISE SOFTLEY	00:25:58	00:25:06	-3.45%	82
DARREN LEAVER	00:21:56	00:21:11	-3.54%	81
RADHIKA MCCATHIE	00:25:13	00:24:13	-4.13%	80
MORGAN BRADLEY	00:19:17	00:18:29	-4.33%	79
ANN SCHWARZENBACH	00:30:57	00:29:38	-4.44%	78
LORRAINE AMOS	00:23:45	00:22:39	-4.86%	77
GEORGINA MARTIN	00:28:33	00:26:44	-6.80%	76
OWEN DAVIES	00:21:29	00:19:51	-8.23%	75
DAN TURNER	00:19:01	00:17:34	-8.25%	74
DAVE SANDERS	00:20:02	00:18:29	-8.39%	73
JAMES PICKERING	00:19:47	00:18:11	-8.80%	72
JO TURRELL	00:26:41	00:24:24	-9.36%	71
DANIEL FLOYD	00:18:41	00:16:44	-11.65%	70
MANDY GEORGIOU	00:33:13	00:29:32	-12.47%	69
HERMIONE GREEN	00:21:50	00:19:20	-12.93%	68
ANNA SANDERS	00:32:15	00:28:25	-13.49%	67
MELISSA FARMER	00:29:55	00:26:05	-14.70%	66
SARAH HAYMAN	00:22:33	00:19:20	-16.64%	65
HELEN KING	00:29:55	00:25:15	-18.48%	64
RICHARD NEWMAN	00:29:23	00:24:35	-19.53%	63
JANE BRADBURY	00:33:29	00:26:30	-26.35%	62
JULIA WOODWARD	00:26:07	00:19:20	-35.09%	61
SALLY HIGGINBOTHAM	00:27:30	00:19:20	-42.24%	60
STELLA BULL	00:36:26	00:19:20	-88.45%	59